



## Study to Explore Early Development 3

### Maternal Interview Preparatory Guide

During the maternal interview, we will ask questions about your health before, during, and after your pregnancy with your child and about the health of your child after birth. For example, we will be asking you about some conditions you and your child might have had, medications you and your child might have taken, and other treatments and procedures you and your child might have undergone. We will also be asking a few questions about your child's biological father.

We know that it might be hard to remember certain events and the names of certain medications and treatments that you and your child might have taken. This Preparatory Guide is designed to help you remember those things. The interviewer will ask you to look at the lists in this guide in case you cannot remember. The interviewer will tell you which list to look at to help you answer a question. The lists do not include all conditions, medications, and treatments. Please tell the interviewer if you or your child were diagnosed with a condition, took a medication, or had a treatment that is not on one of the lists.

Please try to have this guide handy during your interview. The interview will go much faster if you can refer to it during the interview. Without the guide, it might take as long as 2 hours to go through the interview.

Some of the questions in the interview refer to the time period 3 months before pregnancy through the end of breastfeeding (if you breastfed). Thus, we have also included a Pregnancy Reference Form with specific dates that should approximately correspond to your pregnancy. We used the information you gave us in the short pregnancy timing interview you completed to complete this form.

**Please note, while it is important for you to have this guide and the pregnancy reference form available to you during our interview, you DO NOT need to spend any time reviewing these materials before we call. We will walk you through everything during the interview and don't want to burden you with any additional preparation time.**

Thank you again for taking part in the Maternal Interview.



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**LIST 1**  
**DIAGNOSIS FROM HEALTH CARE PROVIDER**

**MEDICAL DIAGNOSIS**

Asperger's syndrome  
Attention-deficit/hyperactivity disorder (ADHD) or ADD  
Autism  
Behavioral problem  
Bipolar disorder  
Birth defects (specify)  
Cerebral palsy  
Childhood disintegrative disorder  
Childhood-onset schizophrenia  
Developmental delay  
Down syndrome  
Fragile X syndrome  
Hearing problems  
Intellectual disability or mental retardation  
Learning disabilities  
Movement or coordination problems  
Neurofibromatosis  
Obsessive compulsive disorder  
Pervasive developmental disorder not otherwise specified  
Reactive attachment disorder of infancy or early childhood  
Reading difficulty  
Rett's syndrome  
Seizure disorder or epilepsy  
Self-injuring behavior  
Sensory integration disorder or sensory processing disorder  
Sleep disorder  
Speech delays  
Tourette's disorder or tic disorder  
Tuberous sclerosis  
Vision problems that cannot be corrected with glasses or contact lenses  
Other developmental problem

**LIST 1b**  
**DIAGNOSIS FROM HEALTH CARE PROVIDER**

**MEDICAL DIAGNOSIS**

Birth defects (specify)

Down syndrome

Fragile X syndrome

Neurofibromatosis

Tuberous sclerosis

**LIST 2**  
**ORAL CONTRACEPTIVES**  
**(including morning after pill preparations)**

**BRAND AND GENERIC NAMES**

Alesse	Mircette	Tri-Norinyl
Brevicon	Modicon	Triphasil
Camila	Necon	Trivora
Demulen	Nordette	Yaz
Desogen	Norethindrone	Zovia
Errin	Norinyl	
Heather	Nor-QD	
Jolivette	Ortho-Cept	
Estrostep	OrthoCyclen	
Levlen	Ortho-Novum	
Levlite	Ortho Tri-Cyclen	
Levora	Ovcon	
Loestrin	Ovral	
Lo/Ovral	Sprintec	
Micronor	Tri-Levlen	

**LIST 3**  
**OTHER METHODS OF CONTRACEPTION**

**METHOD**

Birth control patch (Ortho-Evra)	Rhythm or calendar method
Condoms (male or female)	Sponge
Depo-Provera	Tubal ligation
Diaphragm or cervical cap	Vaginal ring (NuvaRing)
Intrauterine device (IUD)	Vasectomy
Jelly, foam or suppositories, or other spermicide	Withdrawal method
Norplant	

**LIST 4a**  
**FERTILITY MEDICATIONS TAKEN BY MEN**

MEDICATION BY TYPE		MEDICATION BY NAME	
<b>Antibiotics</b>	<b>Other male infertility medication</b>	Antibiotics	Novarel
<b>Anti-estrogen medications</b>	Cabergoline	Bravelle	Ovidrel
Clomid	Danazol	Bromocriptine	Parlodel
Clomiphene citrate	Donocrine	Cabergoline	Pergonal
Milophene	Dostinex	Chorionic Gonadotrophin hCG	Pregnyl
Serophene	Factrel	Clomid	Profasi
Tamoxifen	Gonadorelin	Clomiphene citrate	Repronex
<b>Hormonal injections</b>	Leuprolide	Danazol	Serophene
Bravelle	Lupron	Donocrine	Steroid medications
Chorionic Gonadotrophin hCG	Lutrepulse	Dostinex	Synarel
Fertinex	Synarel	Factrel	Tamoxifen
Follistim	Nafarelin	Fertinex	Testosterone pill, injections, or transdermal gel or patch
Follitrophin Alpha	<b>Medicine to reduce prolactin</b>	Follistim	Urofollitrophin
Follitrophin Beta	Bromocriptine	Follitrophin Alpha	
FSH	Parlodel	Follitrophin Beta	
Gonal F	<b>Steroid medications</b>	FSH	
HCG	<b>Testosterone</b> pill, injections, or transdermal gel or patch	Gonadorelin	
Humegon		Gonal F	
Menotrophins: Follicle Stimulating Hormone + Luteinizing Hormone or Interstitial Cell Stimulating Hormone		HCG	
Metrodin		Humegon	
Novarel		Leuprolide	
Ovidrel		Lupron	
Pergonal		Lutrepulse	
Pregnyl		Menotrophins: Follicle Stimulating Hormone + Luteinizing Hormone or Interstitial Cell Stimulating Hormone	
Profasi		Metrodin	
Repronex		Milophene	
Urofollitrophin		Nafarelin	



**LIST 4b**  
**MEDICATION TAKEN FOR PREVENTION OF  
MISCARRIAGE**

**MEDICATION**

Baby aspirin  
Crinone vaginal gel  
Gamma globulin  
Heparin  
IVIg therapy or immunotherapy  
Progesterone  
Progesterone injection or implant  
Prometrium or other progesterone capsules  
Steroid treatment (specify)  
Vaginal progesterone suppositories

**LIST 4c**  
**FERTILITY MEDICATIONS TAKEN BY WOMEN**

**MEDICATION BY TYPE**

**Same medications also presented in alphabetized list on following page**

<b>Injections or pills to stimulate your ovaries to produce eggs</b>	<b>Injection to trigger ovulation once your ovaries had produced eggs</b>	<b>Other medications</b>
Bravelle	Chorionic Gonadotrophin hCG	Bromocriptine
Clomid	HCG	Cabaser
Clomiphene citrate	Novarel	Cabergoline
Femara	Ovidrel	Danazol
Follistim	Pregnyl	Danocrine
Follitrophin Alpha	Profasi	Dostinex
Follitrophin Beta	<b>Medication to suppress your body's natural hormone production (injection or nasal spray)</b>	Estradiol patches
FSH		Estrace pills
Gonal F		Factrel
Humegon	Abarelix	Gonadorelin
Menotrophins: Follicle Stimulating Hormone + Luteinizing Hormone or Interstitial Cell Stimulating Hormone	Antagon	Lutrepulse
	Buserelin	Parlodel
Metrodin	Cetrotide	
Milophene	Deslorelin	
Pergonal	Eligard	
Repronex	Ganirelix	
Serophene	Goserelin	
Urofollitrophin	Historelin	
<b>Progesterone medication to prepare the uterine lining for pregnancy or help prevent an early pregnancy loss</b>	Leuprolide	
	Lupron	
Crinone vaginal gel	Nafarelin	
Cyclogest cream	Suprefact	
Microgest	Suprecor	
Progesterone implant	Synarel	
Progesterone injection	Tryptorelin	
Progesterone vaginal suppositories	Zoladex	
Prometrium		
Utrogestan		

**LIST 4c**  
**FERTILITY MEDICATIONS TAKEN BY WOMEN**

**MEDICATION BY NAME**

**Same medications also presented by type on previous page**

Abarelix	HCG
Antagon	Historelin
Bravelle	Humegon
Bromocriptine	Leuprolide
Buserelin	Lupron
Cabaser	Lutrepulse
Cabergoline	Menotrophins: Follicle Stimulating Hormone + Luteinizing Hormone or Interstitial Cell Stimulating Hormone
Cetrotide	Metrodin
Chorionic Gonadotrophin hCG	Microgest
Clomid	Milophene
Clomiphene citrate	Nafarelin
Crinone vaginal gel	Novarel
Cyclogest cream	Ovidrel
Danazol	Parlodel
Danocrine	Pergonal
Deslorelin	Pregnyl
Dostinex	Profasi
Eligard	Progesterone implant
Estradiol patches	Progesterone injection
Estrace pills	Progesterone vaginal suppositories
Factrel	Prometrium
Femara	Repronex
Fertinex	Serophene
Follistim	Suprefact
Follitrophin Alpha or Beta	Suprecor
FSH	Synarel
Ganirelix	Tryptorelin
Gonadorelin	Urofollitrophin
Gonal F	Utrogestan
Goserelin	Zoladex

**LIST 5**  
**FERTILITY PROCEDURES**

**PROCEDURE**

Artificial insemination or intrauterine insemination  
 Donor embryo transfer  
 Frozen or thawed embryo transfer  
 Gamete intrafallopian transfer or GIFT  
 Intracytoplasmic sperm injection or ICSI  
 In vitro fertilization or IVF with vaginal embryo transfer  
 Zygote intrafallopian transfer or ZIFT, pronuclear stage transfer or PROST, or tubal embryo transfer or TET

**LIST 6**  
**MAJOR REPRODUCTIVE AND PERINATAL INFECTIONS**

**INFECTION**

Bacterial vaginosis	Influenza (flu)
Candidiasis (yeast infection)	Meningitis
Chicken pox	Mononucleosis (mono)
Chlamydia	Myocarditis
Cystitis NOS	Parvovirus or Fifth disease
Cytomegalovirus	Pelvic inflammatory disease (PID)
Encephalitis	Pneumonia
Endocarditis	Pyelonephritis (kidney infection)
Endometriosis	Rubella or German measles
Fibroids	Septicemia (blood infection)
Genital herpes	Shingles
Group B streptococcal infection	Staphylococcal infection (cysts)
Hepatitis A	Syphilis
Hepatitis B	Toxoplasmosis
Hepatitis C	Trichomoniasis (Trich)
Hepatitis NOS	Upper respiratory infection
HIV/AIDS	Urinary tract infection
Human papilloma virus (HPV) or genital warts or venereal warts	Vaginitis NOS

**LIST 7a**  
**MEDICATIONS: Antibiotics/Antiviral/Antifungal**

<b>MEDICATION</b>	
Achromycin	Levofloxacin
Acyclovir	Macrobid
Amoxicillin	Metronidazole
Amoxil	Minocin
Augmentin	Minocycline
Azithromycin	Mycostatin
Bactrim	Nilstat
Biaxin	Nitrofurantoin
Cefprozil	Novacet
Ceftin	Novo-Doxylin
Cefuroxime	Nystatin
Cefzil	Nystex
Cephalexin	Panmycin
Cipro	Penicillin
Ciprofloxacin	Penicillin VK
Clarithromycin	Penicillin V potassium
Cleocin	Protostat
Clindamycin	Quixin
Cofatrim	Sepra
Cotrim	Sodium sulfacetamide-sulfur
Diflucan	Sulfatrim
Doxycin	Sumycin
Doxycycline	Tetracap
Doxytec	Tetracycline
Dynacin	Topicycline
EES	Trimox
E-Myacin	Valacyclovir
Erythrocin	Valtrex
Erythromycin	Veetids
Flagyl	Vibramycin
Fluconazole	Vibra-Tabs
Ilosone	Zithromax
Keflex	Zovirax
Levaquin	

**LIST 7b**  
**MEDICATIONS: Pain Medications/Fever Reducers/Muscle Relaxants**

<b>MEDICATION</b>	
Acetaminophen	Motrin
Advil	Naprelan
Aleve	Naprosyn
Anaprox	Naproxen
Aspirin	Nuprin
Carisoprodol	Oxycontin
Celebrex	Oxycodone
Celecoxib	Pamprin
Cotanal	Propoxyphene
Cyclobenzaprine	Rofecoxib
Darvon	Roxicet
Excedrine Migraine	Roxycodone
Flexeril	Soma
Genpril	Tramadol
Haltran	Tylenol
Hydrocodone	Ultram
Ibuprofen	Vanadom
Medipren	Vioxx
Midol 200	

**LIST 7c**  
**MEDICATIONS: Over-The-Counter Cold/Flu/Allergy Relief**

<b>MEDICATION</b>	
Afrin	Guafenesin
Afrin original 12-hour nasal spray	Hexylresorcinol
Benadryl	Loratadine
Cepacol	Nasal Crom Allergy Prevention
Cepastat	Nyquil
Cetylpyridinium	Oxymetazoline
Chlorpheniramine maleate	Pertussin DM
Chlor-Trimeton	Pseudoephedrine HCl
Claritin	Robitussin
Clemastine fumarate	Sucrets
Cromolyn sodium	Sudafed
Dextromethorphan	Tavist-1
Dimetapp	Tylenol Flu
Diphenhydramine HCl	Vicks Sinex 12-hour nasal spray
Dristan 12-hour nasal spray	

**LIST 7d**  
**MEDICATIONS: Other Allergy**

<b>ALLERGY MEDICATION</b>
Allegra
Cetirizine
Fexofenadine
Flonase
Fluticasone
Mometasone
Montelukast
Nasonex
Singulair
Zyrtec

**LIST 7e**  
**MEDICATIONS: Diabetes**

<b>MEDICATION</b>	
Acarbose	Glucovance
Actos	Glyburide
Amaryl	Glynase
Avandia	Glyset
Chlorpropamide	Metformin hydrochloride
Diabeta	Micronase
Diabinese	Pioglitazone hydrochloride
Glimepiride	Miglitol
Glipizide	Prandin
Glucophage	Precose
Glucophage XR	Repaglinide
Glucotrol	Rosiglitazone maleate
Glucotrol XL	



**LIST 7f**  
**MEDICATIONS: Anti-Seizure**

**MEDICATION**

Barbita	Luminal
Carbamazepine	Mebaral
Clonazepam	Mephobarbital
Depakene capsules	Mysoline
Depakote tabs	Neurontin
Diazepam	Phenobarbital
Dilantin	Phenytoin
Divalproex	Primidone
Ethosuximide	Solfoton
Felbamate	Tegretol
Felbatol	Tiagabine
Gabapentin	Topamax
Gabapril	Topiramate
Klonopin	Valium
Lamictal	Valproic acid
Lamotrigine	Zarontin

**LIST 7g**  
**MEDICATIONS: Anti-Depressants/Anti-Anxiety/Psychotropic**

<b>MEDICATION</b>		
Adapin	Dextrostat	Molindone
Adderall	Diazepam	Nefazodone
Alprazolam	Doxepin	Norpramin
Amitriptyline	Doxypin	Nortriptyline
Amoxapine	Effexor	Pamelor
Amphetamine	Elavil	Paroxetine
Amphetamines NOS	Endep	Paxil
Anafranil	Escitalopram oxalate	Pristiq
Asendin	Fluoxetine (Prozac)	Remeron
Ativan	Fluvoxamine	Ritalin
Atomoxetine	Focalin	Sertraline
Aventyl	Halcion	Serzone
Bupropion	Haldol	Sinequan
Celexa	Haloperidol	Sinequan
Chlordiazepoxide	Imipramine	Strattera
Chlorpromazine	Klonopin	Thorazine
Citalopram	Lexapro	Tofranil
Clomipramine	Librium	Trazodone
Clonazepam	Lithium	Triazolam
Concerta	Lorazepam	Valium
Cymbalta	Luvox	Venlafaxine
Desipramine	Metadate	Wellbutrin
Desoxyn	Methamphetamine	Xanax
Desyrel	Methylin	Zoloft
Dexedrine	Methylphenidate	Zyban
Dexmethylphenidate HCl	Mirtazapine	
Dextroamphetamine	Moban	

**LIST 7h**  
**MEDICATIONS: High Blood Pressure**

<b>MEDICATION</b>	
ACE inhibitor NOS	Inderal
Acupril	Isoptin
Adalat	Lisinopril
Aldomet tablet	Lopressor
Altace	Methyldopa
Antihypertensive NOS	Metoprolol
Apresazide	Nifedipine
Apresoline	Prinivil
Atenolol	Procardia
Beta blocker NOS	Propranolol
Calan	Quinapril HC
Capoten	Ramipril
Captopril	Tenormin
Cardizem	Toprol XL
Covera	Vasotec
Dilacor	Veralan
Diltiazem HCL	Verapamil
Enalapril Maleate	Zestril
Hydralazine	

**LIST 7i**  
**MEDICATIONS/TREATMENTS: Thyroid Disorders**

<b>MEDICATION</b>	
Armour Thyroid	Liotrix
Cytomel	Radioactive iodine
I <sup>131</sup>	Synthroid
Levothroid	Surgery
Levothyroxine	Thyrolar
Levoxyl	Triostat
Liothyronine	

**LIST 7j**  
**MEDICATIONS: Asthma**

<b>MEDICATION</b>	
Accolate	Methylprednisolone
Advair	Mometasone
Albuterol	Montelukast
Alvesco	Nasal Crom Allergy Prevention
Atrovent	Nasalcrom
Beclomethasone	Nasonex
Beclovent	Nedercromin sodium
Beconase	Oxtriphylline
Brethine	Phyllicontin
Brethine	Pirbuterol
Bricanyl	Prednisone
Bronkometer	Primatene
Choledyl	Qvar
Cromolyn sodium	Serevent
Cromolyn sodium nasal	Singulair
Deltasone	Symbicort
Epinephrine	Tedral
Flovent	Terbutaline
Foradil	Theophylline
Ipratropium	Tilade
Isoetharine	Truphylline
Isoproterenol	Vancenase
Isuprel	Vanceril
Levalbuterol	Ventolin
Marax	Xopenex
Maxair	Zafirlukast
Medrol	Zileuton
Metaprel	Zyflo
Metaproterenol	

**LIST 7k**  
**MEDICATIONS: Weight Loss**

<b>MEDICATION</b>		
Acutrim	Mazindol	Phentermine (Adipex-P)
Adipex	Meridia	Phentermine resin SA
Adipost	Melfiat	Phentride
Belviq	Metabolife	Phenylpropanolamine
Bontril	Obenix	Plegine
Dexatrim	Obezine	Sanorex
Didrex	Orlistat (Alli)	Sibutramine
Diethylpropion	Pentecot	Tenuate
Fastin	Phendiet	Teramine
Ionanine	Phendimetrazine	Xenical
Mazanor	Phendimetrazine tartrate	Zantryl

**LIST 7l**  
**MEDICATIONS: Constipation**

<b>Bulk-Forming (Psyllium)</b>	<b>Stimulants</b>
Citrucel	Carter's
Fiber Choice	Correctol (magnesium citrate)
Fibercon	Doxidan
Metamucil	Dulcolax
Ultra-Fiber	Ex-Lax
<b>Herbals (Stimulants)</b>	Fleet laxative
Nature's Resource	Freelax
Nature's Way	Glycerin suppositories
Senna	Magnesium citrate
Senokot	Milk of Magnesia
<b>Stool Softeners (Emollients)</b>	MiraLAX
Colace	<b>Lubricants</b>
Peri-Colace Sof-Lax	Castor oil
Phillips' Stool Softener Laxative Softgels	Mineral oil
Sof-Lax	

**LIST 7m**  
**MEDICATIONS: Sleep Problems/Insomnia**

<b>MEDICATION</b>
Ambien
Dalmane
Flurazepam
Restoril
Temazepam
Zolpidem

**LIST 7n**  
**MEDICATIONS: Other**

<b>MEDICATION</b>		
Accutane	Finevin	Protonix
Aciphex	Imitrex	Rabeprazole sodium
Adapalene	Isotretinoin	Ranitidine
Axelex	Lansoprazole SR	Retin-A
Axid	Maalox	Rolaids
Azelaic acid	Methotrexate	Sumatriptan
Bupropion	Misoprostol	Tagamet
Calcium carbonate	Nexium	Tazorac
Cimetidine	Nicotine Patch NOS	Tazarotene
Coumadin	Nizatidine	Treretinoin
Cytotec	Omeprazole SA	Tums
Depakene	Pantoprazole	Valproic acid
Differin	Pepcid	Warfarin
Esomeprazole magnesium	Prevacid	Zantac
Famotidine	Prilosec	Zyban

**LIST 7o**  
**MEDICATIONS: Herbal Medications**

<b>MEDICATION</b>		
Absinthe	Echinacea	Milk thistle
Aloe	Eucalyptus	Noni
Angelica	Ephedra	Red clover
Arnica	Fenugreek	Rooibos
Belladonna	Frankincense	Saw palmetto
Black cohosh	Gingko	St. John's wort
Birch	Ginseng	Senna
Borage	Glucosamine	Southernwood
Chamomile	Horse chestnut	Valerian
Chicory	Kava	Wormwood
Chondroitin	Licorice	Yarrow
Dong quai	Ma huang	

**LIST 7p**  
**MEDICATIONS: Nausea and Vomiting**

<b>MEDICATION</b>
Emetrol
Ginger
Phenergan
Unisom
Vitamin B6
Zofran

**List 7g**  
**ALTERNATIVE TREATMENTS**

**TREATMENT BY TYPE : Same treatments also presented alphabetically by name on following page**

**Diets**

Gluten free/casein free  
Specific carbohydrate free  
Yeast free  
Other elimination diet (e.g., Finegold, sugar free, others)

**Natural and/or vitamin supplements**

B6 and Magnesium (SuperNuThera)  
Carnosine  
Cod liver oil  
D-Cycloserine  
DMG (Dimethylglycine)  
Fatty acids (EFA) or Omega-3 fatty acids  
Folic acid  
Grapefruit seed extract  
Melatonin  
Methyl-B12 (oral or shot)/ Methylcobalamin (concentrated Vitamin B12) injections  
Tryptophan  
Tyrosine  
Vitamin A (as cod liver oil)  
Vitamin B12  
Vitamin C  
Vitamin supplements (other)  
**Chelation (for mercury)**  
Chelators: DMSA  
Natural chelators: alpha lipoic acid

**Gastrointestinal treatments**

Acidophilus/mixed probiotics  
Alkaline salts  
Bethanecol/ urocholine  
Epsom salt baths  
Enzyme aide  
Histamine 2 blockers – Cimetadine (Zantac)  
Pepcid  
Secretin  
Oxidative stress  
Glutathione (oral, transdermal, or IV)  
Thiamine tetrahydrofurfuryl (TTFD); Allithiamine

**Anti-infectives or immune**

Antibiotic therapy  
Antifungal (anti-yeast) agents (Nystatin, Diflucan)  
Antiviral: Valtrex (for herpes); Acyclovir, Famvir, Immunovir  
Aqua Flora (anti yeast)  
Colostrum  
Immunoglobulins (IV or oral), BayGam  
Natural anti-virals: Lauricidin, Larch araginogalactins, IP-6 (Inositol hexaphosphate), Myco-Immune  
Transfer factor  
Vancomycin  
Withhold immunization(s)  
Antibiotic therapy

**Other**

Oxytocin  
Hyperbaric oxygen (HBOT)  
Chiropractic care  
Massage  
Meditation  
Deep breathing exercises



**List 7q (con't)**  
**ALTERNATIVE TREATMENTS**

**TREATMENT BY NAME : Same treatments also presented by type on previous page**

Acidophilus/mixed probiotics	Immunoglobulins (IV or oral), BayGam
Alkaline salts	Massage
Antibiotic therapy	Meditation
Antifungal (anti-yeast) agents (Nystatin, Diflucan)	Melatonin
Antiviral: Valtrex (for herpes); Acyclovir, Famvir, Immunovir	Methyl-B12 (oral or shot)/ Methylcobalamin (concentrated Vitamin B12) injections
Aqua Flora (anti yeast)	Natural anti-virals: Lauricidin, Larch araginogalactins, IP-6 (Inositol hexaphosphate), Myco-Immune
Bethanecol/ urocholine	Natural chelators: alpha lipoic acid
B6 and Magnesium (SuperNuThera)	Other elimination diet (e.g., Finegold, sugar free, others)
Carnosine	Oxidative stress
Chelators: DMSA	Oxytocin
Chiropractic care	Pepcid
Cod liver oil	Secretin
Colustrum	Specific carbohydrate free
D-Cycloserine	Thiamine tetrahydrofurfuryl (TTFD); Allithiamine (Transdermal TTFD)
Deep breathing exercises	Transfer factor
DMG (Dimethylglycine)	Tryptophan
Epsom salt baths	Tyrosine
Enzyme aide	Vancomycin
Fatty acids (EFA) or Omega-3 fatty acids	Vitamin A (as cod liver oil)
Folic acid	Vitamin B12
Glutathione (oral, transdermal, or IV)	Vitamin C
Gluten free/casein free	Vitamin supplements (other)
Grapefruit seed extract	Withhold immunization(s)
Histamine 2 blockers – Cimetadine (Zantac)	Yeast free
Hyperbaric oxygen (HBOT)	

**LIST 8**  
**Autoimmune Disorders**

<b>DISORDER</b>	
Addison's disease	Hyperthyroidism
Aplastic anemia	Irritable bowel syndrome
Ankylosing spondylitis	Migraine headaches
Asthma	Mixed connective tissue disease
Autoimmune hepatitis	Multiple sclerosis
Celiac disease	Myasthenia gravis
Crohn's disease	Narcolepsy
Dermatitis herpetiformis	Optic neuritis
Diabetes	Pemphigus
Use insulin	Reiter's syndrome
Not on insulin	Rheumatoid arthritis
Gestational diabetes only	Scleroderma (progressive systemic sclerosis, CREST)
Eczema/psoriasis	Sjogren's syndrome
Giant cell arteritis	Stevens-Johnson syndrome
Graves' disease	Sydenham's chorea
Guillain-Barre syndrome	Systemic lupus erythematosus (SLE)
Hashimoto's thyroiditis	Thrombocytopenia (immune, idiopathic)
Hemolytic anemia	Tourette's syndrome
Hypothyroidism	Ulcerative colitis

**LIST 9**  
**PREGNANCY CONDITIONS**

<b>CONDITION</b>	
Anemia	Incompetent cervix
Chorioamnionitis	Low blood pressure that required medical treatment
Eclampsia	Pregnancy-induced hypertension or preeclampsia
Gestational diabetes	Premature rupture of your membranes
HELLP syndrome	Pre-term or early labor
Hyperemesis	Vaginal bleeding



