

Summer Activities in North Carolina

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Even though it's cold outside, it is time to think about spring and summer plans for your child and your family. Central North Carolina is home to all kinds of camps and fun family activities. We have searched out some family-friendly, and autism-friendly, places to go and things to do this summer.

Neither the Study to Explore Early Development nor the CDC attest to the quality or appropriateness of any information provided here. These listings are merely suggestions to help you locate information that might be helpful to you.

Activity	Site Name	Basic Information	Website Address
Camp	Summer Camps Directory	Children's summer camps and wilderness programs for boys and girls in the United States and Canada. Searchable by camp type, state and/or camp activities.	www.camppage.com
Camp	North Carolina Day Camps and Summer Day camps	Includes camps for special needs kids. Searchable by camp type and/or NC city. Step 6:	www.summer-daycamps.com/United_States/North_Carolina/index.html
Camp	YMCA Overnight camps (includes link to local Ys to search for day camps)	Providing a safe, thriving environment for young people. Listed by NC city.	www.ymca.net/find-a-y-camp/?state=NC
Camp	Camp Royall	Camp Royall houses the nation's oldest and largest summer camp program for people on the autism spectrum.	www.autismsociety-nc.org
Camp	Camp Lakey Gap	Camp Lakey Gap strives to nurture individuals on the autism spectrum with an enriching camp experience and provide guardians with a time of respite.	www.christmount.org/camplakeygap
Camp	Victory Junction	Victory Junction serves children with 24 chronic medical conditions and serious illnesses such as, but not limited to, Autism, Cancer, Craniofacial Anomalies, Diabetes, Hemophilia, Sickle Cell and Spina Bifida.	www.victoryjunction.org
Camp	Check your local Parks and Recreation Department for their summer programs		

Activity	Site Name	Basic Information	Website Address
General	Ask your care providers for recommendations		
General	Visit NC	The official travel and tourism web site for the State of North Carolina.	www.visitnc.com
Museums	Must-see NC Museums	There are some stunning and amazing things to do indoors. Visit one of our many museums and see what we're talking about.	www.visitnc.com/journeys/highlights/must-see-museums
Museums	NC Museums Council	Alphabetical Listing by County	www.ncmuseums.org/county.html
Historic NC	NC Historic Sites	A group of 27 unique state historic sites invites you to open doors into the past and more fully understand the world we live in today.	www.nchistoricsites.org
Outdoors	NC State Parks	The North Carolina State Parks System exists for the enjoyment, education, health and inspiration of all our citizens and visitors.	www.ncparks.gov
Outdoors	GORP: Outdoor Travel Guides	A resource for outdoor travel guides, adventure travel trip planning, hiking and camping information and ideas, and national parks trip research.	www.gorp.com/parks-guide/north-carolina-outdoor-pp1-guide-cid1448.html

